

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SILVANA HENDERSON ACTIVITY DIRECTOR OFFICE/ ROOM 414 910- 939-3166						1 9:00am-3:00pm Sitcom TV 2:00pm-3:00pm Bingo 6:00pm-7:30pm Family Fun Hot Coco & Karaoke
2 DAYLIGHT SAVING TIME Family Visit 9:00am-3:00pm Sitcom TV 2:00pm-3:00pm Little Church of Kempton	3 9:00am-3:00pm Sitcom TV 9:00am-3:00pm Beauty Shop 1:30pm-2:00pm Catholic Communion 2:30pm-3:30pm New River Gospel	4 Election Day 9:00am-9:30am Exercise Sitting Yoga 10:00am-11:00am Wheel of Fortune 2:00pm-3:00pm Aromatherapy: Manicure	5 9:00am-3:00pm Sitcom TV 9:00am-9:30am Exercise Balloon 10:00am-11:00am Paint with Mrs. Silvana 2:00pm-3:00pm Bingo	6 9:00am-3:00pm Sitcom TV 9:00am-9:30am Exercise Sitting Yoga 10:00am-11:00am Board Game 4:00pm-6:30pm Field Trip to Mike's Farm	7 9:00am-3:00pm Sitcom TV 9:00am-9:30am Exercise Balloon 10:00am-11:30am Shopping 2:00pm-3:00pm Bingo	8 9:00am-3:00pm Sitcom TV 9:00am-9:30am Exercise Ball Toss 10:00am-11:00am Music with Friends 2:00pm-3:00pm Bingo
9 Family Visit 9:00am-3:00pm Sitcom TV 2:00pm-3:00pm Little Church of Kempton	10 Marine Corps Birthday 9:00am-3:00pm Sitcom TV 9:00am-3:00pm Beauty Shop 1:30pm-2:00pm Catholic Communion 6:00pm-7:00pm Men Table Talk	11 Veterans Day 9:00am-3:00pm Sitcom TV 9:00am-9:30am Exercise Sitting Yoga 10:00am-11:00am One On One 2:00pm-3:00pm Crafts with Mrs. Diane	12 9:00am-3:00pm Sitcom TV 9:00am-9:30am Exercise Balloon 10:00am-11:00am Penny Annie 2:00pm-3:00pm Bingo	13 9:00am-9:30am Exercise Sitting Yoga 10:00am-11:00am Craft's with Liberty Hospice 3:00pm-4:00pm Fellowship with Infant of Prague	14 NATIONAL PJ DAY 9:00am-3:00pm Sitcom TV 9:00am-9:30am Exercise Balloon 10:00am-11:30am Shopping 2:00pm-3:00pm Bingo	15 9:00am-3:00pm Sitcom TV 9:00am-9:30am Exercise Ball Toss 10:00am-11:00am Music with Friends 2:00pm-3:00pm Bingo
16 Family Visit 9:00am-3:00pm Sitcom TV 2:00pm-3:00pm Little Church of Kempton	17 9:00am-3:00pm Sitcom TV 9:00am-3:00pm Beauty Shop 1:30pm-2:00pm Catholic Communion 3:00pm-4:00pm Bible Story Time Mrs. Debby	18 10:00am-11:00am Wheel of Fortune 2:00pm-3:00pm Aromatherapy: Manicure 6:15pm-7:15pm Steps to Glory	19 9:00am-3:00pm Sitcom TV 9:00am-9:30am Exercise Balloon 10:00am-11:00am CAFÉ & WORDSEARCH 2:00pm-3:00pm Bingo	20 9:00am-3:00pm Sitcom TV 9:00am-9:30am Exercise Sitting Yoga 10:00am-11:00am Craft's with Margaret 2:00pm-3:00pm Sing a Long	21 9:00am-3:00pm Sitcom TV 9:00am-9:30am Exercise Balloon 10:00am-11:30am Shopping 2:00pm-3:00pm Bingo	22 9:00am-3:00pm Sitcom TV 9:00am-9:30am Exercise Ball Toss 10:00am-11:00am ONE ON ONE 2:00pm-3:00pm Bingo
23/30 Family Visit 9:00am-3:00pm Sitcom TV 2:00pm-3:00pm Little Church of Kempton	24 9:00am-3:00pm Sitcom TV 9:00am-3:00pm Beauty Shop 1:30pm-2:00pm Catholic Communion 6:00pm-7:00pm Men Table Talk	25 9:00am-3:00pm Sitcom TV 9:00am-9:30am Exercise Sitting Yoga 10:00am-11:00am One On One 2:00pm-3:00pm Resident Birthday Party	26 9:00am-3:00pm Sitcom TV 9:00am-9:30am Exercise Balloon 10:00am-11:00am Resident Council 2:00pm-3:00pm Bingo	27 9:00am-3:00pm Sitcom TV 	28 BLACK FRIDAY 9:00am-3:00pm Sitcom TV 9:00am-9:30am Exercise Balloon 10:00am-11:30am Shopping 2:00pm-3:00pm Bingo	29 9:00am-3:00pm Sitcom TV 9:00am-9:30am Exercise Ball Toss 2:00pm-3:00pm Bingo 6:00pm-7:00pm Black Jack Night